

Produced by
Jennie and Ted
Nagengast's
campers,
**Saltaire Day
Camp,**
Fire Island

OUR REPORTERS

Emma Beqaj,
Catherine Cheung,
Jack Cooney,
Sam Friedman,
Samuel Gibbs,
Nathan Harvey,
Katie Hassell,
William LaPeruta,
Caroline Lesser,
Francesca Meluso,
Hollis Mulry,
Jarrett Nagengast,
Nate Nagengast,
Mikayla Olsen,
Linus Oppenheimer,
Audrey Rudd,
Alden Sahi,
Shea Siben,
Samantha Zaccaro

joke OF THE WEEK

What is a banana's
favorite gymnastics
move?

The splits
— Samuel Gibbs

Author and 'Dancing With the Stars' pro Derek Hough

BY SAMUEL GIBBS, JARRETT NAGENGAST,
NATE NAGENGAST AND HOLLIS MULRY
Kidsday Reporters

We met "Dancing With the Stars" pro Derek Hough when he was at the Barnes & Noble store in Carle Place recently. He wrote the book "Taking the Lead: Lessons From a Life in Motion." When we were done with our interview, he even danced with Hollis!

Why did you decide to write a book?

I think when I was looking back at the things that I did and I was thinking I wanted to share experiences I've had, lessons I've learned. I just wanted to extend that and show everybody else, like my students, my celebrities on the show, things that I've learned. I wanted to share that with more people.

Do you find "Dancing With the Stars" stressful?

Stressful? Absolutely. It can be very stressful because there's a lot of pressures, like time. You have to be good and you want to go out there and perform in

front of millions of people and be on top of your game. But it's also a lot of fun.

Do you ever get bored practicing your dances over and over again?

I wouldn't say bored is the right word, but I definitely get sick of the song. It's the song I get bored of. I hear the song and I'm like, "If I hear that song one more time . . ." And so luckily we do it, we finish it and then I'll hear it on the radio and I'm like, "Turn the channel." I get more sick of the song than I get bored of the dance.

In your book, you talk about being bullied by your neighbors. Did you ever work things out with them?

No. We didn't work things out. We actually ended up moving because it got so bad. It was crazy. . . . But I talk about it because I have a lot of nieces and nephews now — lots of them — and as an uncle, if they were getting teased or bullied in some way, I would want them to talk to me about it or talk to somebody to get help and not keep it a secret because I kept it a secret for so long. There's this little expression, "Power over others is a weakness in disguise." If somebody loves themselves and really likes who they are,

they're just going to give love, they're just going to like everybody, otherwise there's something happening. So just remember that.

What is your favorite kind of dance and what is your least favorite dance?

My favorite type of dance is the Argentine tango or the paso doble. I like the masculine dances. I like to kind of get fierce. It's hard to say what my least favorite is.

What's it like to dance with somebody who's not as advanced as you?

It can be hard at first, definitely, especially the first week or two. Because it's like, all right, here we go again from day one, and you're like, do your left foot and they go on the right, etc. It can be frustrating sometimes but also the reward of seeing them grow from not knowing what they're doing to somebody having this confidence and holding themselves, hold-

ing their posture differently. That's really cool to be a part of that, to help that grow.

Have you ever had to deal with people criticizing you or your performance on social media?

Yeah, yeah absolutely. It's funny because on social media it's difficult because people could hide behind it. There's no face, they could say things, say hurtful things, and it's funny because you'll get like 30 messages that are like, "Oh you're wonderful, you're great," and so many good things, and then you get one little message that says, "Oh I don't like you," or something, and that's the one you think about.

Do you like being recognized in public, or do you like your privacy?

It doesn't bother me being recognized in public at all, but as far as, like, relationships and things like that, I like keeping that private because I like to . . . have something for me, have something that I could just keep to myself. But I don't mind it at all.

Author and "Dancing With the Stars" pro Derek Hough with Kidsday reporters, from left, Nate Nagengast, Hollis Mulry, Jarrett Nagengast and Samuel Gibbs.
■ Video: exploreli.com/kidsday



Caroline Lesser shows off her new Jambanz wristband speakers.

Loud and clear

BY CAROLINE LESSER
Kidsday Reporter

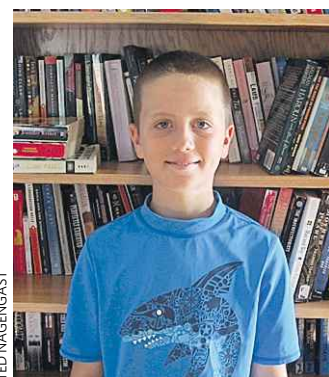
Jambanz wristband speakers (jambanz.com) are great for listening to music. The Jambanz speakers are a slapstick bracelet with a small speaker attached to the top. You control the volume from either the device that is playing the music (such as your phone or iPod) or the speakers themselves.

To play the music, all you have to do is pair the Jambanz to a Bluetooth, so if you have the device with you, you can use them anytime, anywhere. The speakers will immediately impress your friends and family. Unfortunately, the device playing the music can only go about 10 feet away from the speakers before the song starts to glitch.

The Jambanz speakers are one of the best speakers I have ever had. They are portable so I can easily bring them anywhere I want to. The range of volume with the speakers is really good. They can be extremely loud (which is good if a big crowd is listening to the music) or extremely quiet. I think all ages would love having these. I certainly do! They come in different colors and cost about \$30.



NEWSDAY / PAT MULLOOLY



Sam Friedman helps to run Book Bingo at Saltaire Library.

Helping out at Book Bingo

BY SAM FRIEDMAN
Kidsday Reporter

I help out at the Saltaire library for Book Bingo every Monday evening. It is a fundraiser for the library. In return, I get a chocolate bar, a book and, the first time, a T-shirt. I don't do it so much for the rewards, but for the fun. I feel good when I do it.

What we do is set up by moving the tables, getting the

Seining is a real drag race

BY SAMUEL GIBBS, NATHAN HARVEY
AND JARRETT NAGENGAST
Kidsday Reporters

Have you ever experienced seining? Seining is when you drag a large net with tiny holes along the bottom of the water to catch tiny sea creatures. It takes at least two people to handle the nets.

Seining is done in shallow water where both people can touch the bottom. We enjoy seining because you never know what you will catch. Some things we have caught are minnows, crabs, baby fluke and flounder, shrimp and puffer fish.



From left, Samuel Gibbs, Nathan Harvey and Jarrett Nagengast seining in Great South Bay.

After we catch them, we put them in a bucket filled with salt water to observe them. When we are finished, we transfer them back into the bay again or use the large minnows for bait. Seining is an exciting way to explore marine life.

Handy chargers

BY JARRETT NAGENGAST
Kidsday Reporter

Have you and your family ever had a problem with your electronic device's battery level running low with little to no place to recharge? Last year on a family trip to Costa Rica, my family was concerned about running out of battery power on our electronics before our flight ended, leaving us with nothing to do but sit still.

We wouldn't have had this problem if we owned a Justin Round Power Stick or Justin Power Bank (with built-in stand) by Innovative Technology. These handy items can recharge your Apple, Samsung, BlackBerry and other electronic devices. This is not a gadget you can pick up last minute because the power stick takes about six hours to



Jarrett Nagengast, left, and Jack Cooney with portable power sources.

be fully powered and the power bank takes about eight hours. Although it takes a while to charge, it is still worth the money. The power stick can recharge your phone 100 percent while the power bank can recharge your phone three times.

This is a great item for camping, traveling or any other place where you cannot get to a power source.



Right a wrong

BY LINUS OPPENHEIMER
AND SAM FRIEDMAN
Kidsday Reporters

Have you ever told all your friends something, then found out that you were wrong? Did you tell them? We think . . . maybe not. It's hard to admit you're wrong, isn't it? When you are wrong, admitting it is virtually the hardest thing to do with friends. But worst of all is admitting it to bullies, cliques, and unfriendly classmates and neighbors. So here are some tips and ideas to help you admit you're wrong.

1 Don't act suspiciously. It only makes you look more untrustworthy.

2 Whatever you do, don't lie and blame it on someone else (for example: It's all my older sister's fault! She was the one who told me in the first place that fish don't sleep!) It will backfire and make your friends not like you as much, for either lying or not taking the blame, making the situation worse.

3 Just come clean. Don't say something like "Well, I might have . . ." or "Well, maybe, but not really, well no," etc. Just admit it, and the results will probably be better.

4 Keep cool and be prepared for a reaction. If it gets severe, you could tell them, "At least I told you as soon as I could after I found out, because you're my friend."

5 Whatever you do, don't freak. So if you ever need to admit you were wrong, just keep calm and remember these tips.

CONTACT KIDSDAY Pat Mullooly, editor
Address Kidsday c/o Newsday,
235 Pinelawn Rd., Melville, NY 11747
Phone 631-843-2894
Email patrick.mullooly@newsday.com

